



I am a Disciple for you Jesus



Holy Souls Catholic Primary School

Mallard Close, Acocks Green, Birmingham B27 6BN

Head Teacher: Mrs R A Girling

Autumn Term 2024

Friday 11th October 2024

Newsletter 6

Dear Friends of Holy Souls,

This week started superbly as we celebrated Mass last Sunday with our Parish and School family. It was a warm welcome to our new Reception children and their families and an opportunity for Years 3 and 6 to be there as part of their Sacramental preparation. It was a very uplifting celebration with such tuneful music and singing - thank you to our choir and musicians, and well done to our eloquent readers, superb altar servers and offertory processors. My thanks to all the staff who joined us. Our thanks to Canon Jonathan who led us in reflecting on the glory of creation. It was lovely to see some of the children bring in a picture of their pet and thank you to Canon Jonathan for blessing them. (Dare we try real live pets next year???)

It was lovely to welcome our Local Governing Body to school this week for the first meeting of the year. Our thanks to them for the time they give voluntarily and for supporting our school.

Victoria Lodge

On Thursday, Mrs Stephenson, Mrs Pettigrew and 10 representatives of Year Six had the privilege of visiting Victoria Lodge Care Home to talk to some of the residents about their first-hand experiences of living through WW2. Nora, Derek, Joyce and Mavis shared their memories of evacuation, air raid shelters, rationing and of their family members who served our country in various ways during the war years.

They even baked us some biscuits made from an authentic reproduction of a wartime recipe, when people were living on rations. They were delicious!! We are excited to get to know our friends at Victoria Lodge better this year and are already planning our next visit.

Wow!! Well done Year 6 for representing our school so well in the community. What a brilliant opportunity. Thank you to staff for organising it and to Victoria Lodge for making us so welcome.

Have a great weekend. Wrap up warm!
God bless Mrs Girling

Year 3: Lerviah-Rose & Eleora

Staff member: Mrs Gill & Mrs Joyner
Year 2: Archie & Eric

Year 1: Leo

Reception: Elyjah

Year 4: Haleb & Eniola

Year 5: Tom & Hollie

Year 6: Megan & Hanna



To bring good news, to shine for you.



HOLY SOULS SCHOOL OPEN EVENTS FOR PARENTS WITH CHILDREN DUE TO START SCHOOL IN SEPTEMBER 2025

On Tuesday 5th November 2024 we look forward to hosting our OPEN EVENTS for any parents or carers who have a child starting school in September 2025.

Our morning session is at 9:15am and our afternoon session is at 4pm. Please ring school on 0121 272 1776 to register for your visit. Children are very welcome!

We look forward to meeting you.



Please do tell your family and friends!
Thank you.

Good Luck - we will miss you!

Our thoughts and prayers are with Mrs Gill (5G) as she finishes today and awaits the arrival of her soon to be new-born. Thank you Mrs Gill for her hard work this term - I know the children will miss you dearly. We look forward to welcoming Miss Reukema and the return of Miss S Wood.



Thank you to all the children and families who supported our annual book fair! **We sold over £1100 of books and stationary!**

Our school will receive rewards from every book sold and we will use these book rewards to update our class libraries. We will keep you posted on what books the children choose.

Our next fair will be in February 2025.

Keep reading!!!!

Progress Meetings

Thank you for booking your Progress Meeting. Where possible these meetings are for parents and carers. We would appreciate it if you are able to make alternative childcare arrangements.

Wednesday 23 rd October 3:30pm - 6pm	Pupil Progress Meeting in the school hall for Year Reception / Year 1 and Year 2 Phone Calls for Year 3/ Year 4W/ Year 5	Please arrive from 3:25pm Gate C Please ensure we have your most up to date phone number.
Thursday 24th October 3:30pm - 6pm	Pupil Progress Meeting in the school hall for Year 3, Year 4-W and Year 5 Phone Calls for Year Reception / Year 1 / Year 2	Please arrive from 3:25pm Gate C Please ensure we have your

Please note Class 4MK have received a separate email on their Progress Meetings due to unforeseen circumstances.

If you are coming to your meeting in school please enter and exit via GATE C. Can we please ask that if you are unable to attend you call the office and inform them. Thank you.

On Friday 18th October you will receive your child's Target card. This will be discussed at your progress meeting. We hope you find it useful.

YEAR 6

A meeting with Mr Clinton (Head of Archbishop Ilsley)
and information regarding the Residential visit.

We are hosting an information meeting on THURSDAY 17TH OCTOBER at 2:10pm here in the school hall. (Arrival at Gate C) for all parents and carers of Year 6 pupils. Mr Clinton is looking forward to meeting with you to discuss Archbishop Ilsley school in readiness for your secondary selection. This will be followed by the Residential update. (Dates, times, kit etc) Please can we ask all Year 6 Parents / carers to attend.

This week in school.....

- Year 2 enjoyed celebrating Mass with our parish family
- We had great fun at our extra-curricular clubs even though it was cold!
- We held our first Governing Body meeting of the school year.





On Tuesday, Mr Hervey and Mrs O'Neill took twelve children to the Panathlon Tenpin Bowling Competition at Acocks Green Bowling.

School entered two teams. One team finished in fifth position and the other team received silver medals for finishing as runners up.

The children had great fun, behaved impeccably and were great ambassadors for our school.

Congratulations and well done to all that took part.

LEADERS FOR LEARNING

RT	Kaysan	4-MK	Decent
ICK	Tiffany	4-WM	Iszach-lee
2KW	Maya	5J	Jack
2W	Eddie	5WG	Amelia
3M	Codey	6SC	Gracie
3T	Cameron	6PM	Nolan
HAPPY GOLDEN TIME EVERYONE!			
<i>Leaders for Learning don't forget to collect your pencil from Mrs. Girling!</i>			

A Leader for Learning is a role model to us all. They are working hard, trying their best and really engaged with their learning.

Sports Stars of the Week



Reception - Chloe

KSI - Mylah-Rose

KS2 - Elias

Well done Sports Stars -

Coach Dylan, Coach Henry and Coach Dom were very impressed with your skills!



RT	Franciszek	4WK	Keeva-Mai
ICK	Hanou	4WM	Jeffrey
2KW	Tommy	5J	Luke
2W	Oscar	5WG	Tendai
3M	Sophie	6SC	Edward
3T	Cailan	6PM	Tommy

Reading is fun!

Thank you for hearing your child read and completing your child's Reading Record every evening.



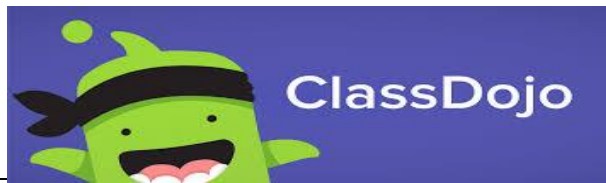
Times Tables Rock Stars and Numbots



Most coins collected this week

2KW	Elsie	4WM	Jiya
2W	Marlo	5J	Sajid
3M	Samuel	5WG	Harley
3T	Charlie	6SC	Edbert
4MK	Alan	6PM	Georgina

Well done trophy winners!



Reception	307	Class 4KM	171
Class 1 CK	313	Class 4MK	157
Class 2W _a	310	Class 5J	170
Class 2W	163	Class 5WG	292
Class 3M	177	Class 6PM	184
Class 3T	392	Class 6SC	257

This week's winners are 3T Class.

Very well done to all the pupils in Class 3T

Catholic Life and Mission

All children and families are invited to join our Year 3 and Year 6 Sacramental Candidates at Family Mass THIS Sunday 6th October 2024 at 10:00am.

This week's Sunday Gospel.....

Liturgical Year B

Mark 10:17-30

Go and sell everything you own and follow me.

Well Done to Class 5J who shared a beautiful assembly today. We were delighted to see your grown-ups and thank you for joining us. Your preparation was wonderful as you led us in song, prayer and liturgy. We have been challenged by 5J to say the Rosary at home as a family.

Can you do it?????????

The Mysteries of the Rosary

The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding of the Child Jesus After Three Days in the Temple

The Luminous Mysteries

1. The Baptism at the Jordan
2. The Miracle at Cana
3. The Proclamation of the Kingdom of God and the Call to Conversion
4. The Transfiguration
5. The Institution of the Eucharist

The Sorrowful Mysteries

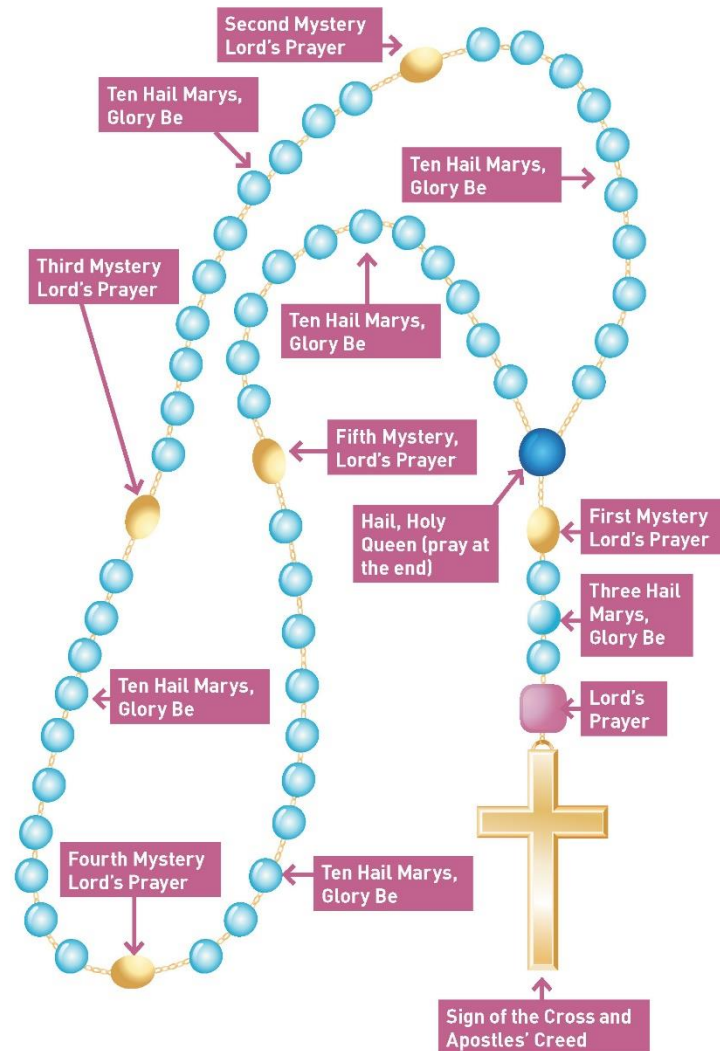
1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit at Pentecost
4. The Assumption of Mary
5. The Crowning of the Blessed Virgin as Queen of Heaven and Earth

The Rosary

1. Hold the crucifix. Pray the Apostles' Creed.
2. For each single bead, pray the Lord's Prayer.
3. For each group of three or ten beads, pray the Hail Mary for each bead. A group of ten beads is called a decade. Think of one mystery for each decade.
4. After each decade of Hail Marys is completed, pray the Glory Be.
5. End the Rosary by praying the Hail Holy Queen.



Reception Welcome Liturgy

On Friday 4th October we welcomed our Reception children and their families to Sacred Heart and Holy Souls Church. The children showed their parents and grandparents how they pray at school. They told all the parents and grandparents that it was the Feast day of Saint Francis and he is their Class Saint. They said that he loved the animals and we must say thank you to God because he created them. Then they sang If I was a butterfly to thank God for all His creation #FamiliesandCommunities #StewardsOfGodsCreation

Holy Souls Catholic Primary School @SoulsSchool · 2m
 On Friday, Reception had their Welcome Liturgy in Church @HolySoulsAG. The Reception Prayer Leader led everyone in prayer #FamiliesandCommunities #StewardshipofGodsCreation



Holy Souls Catholic Primary School @SoulsSchool · 3m
 The Reception children introduced that it was Saint Francis' Feast Day who is their Class Saint @HolySoulsAG. The Reception children told everyone that he loved the animals and we need to thank God for the animals He created #FamiliesandCommunities #StewardshipofGodsCreation



🗨️ 1 🔄 🍷 1 📌 📁



Holy Souls Catholic Primary School @SoulsSchool · 4m
 The Reception children introduced that it was Saint Francis' Feast Day who is their Class Saint @HolySoulsAG. The Reception sang If I was a butterfly to thank God for His beautiful creation #FamiliesandCommunities #StewardshipofGodsCreation



Family Mass

On Sunday 6th October, we welcomed our families to our first Family Mass. Thank you to Canon Jonathan for leading us in such a joyful celebration. Thank you to all the families that came and brought their pet photos for Canon Jonathan to bless. It was a wonderful celebration with beautiful music, fabulous altar servers and amazing readers.

#FamiliesandCommunities #StewardsofGodsCreation

Holy Souls Catholic Primary School @SoulsSchool · Oct 6
 Thank you to Canon Jonathan @HolySoulsAG for leading us in such a joyful Harvest Family Mass today. It was a wonderful celebration that focussed on gratitude for God's creation- humans and animals. Thank you for blessing the children's pets #StewardsofGodsCreation #LiveSimply



Brighten Up Harvest

What a great disco we had for Cafod to Brighten up Harvest! Thanks to our families for all of the donations. It was very generous of you.

Now the children are going to add up how much their class has raised and look to see what they can buy from CAFOD's World Gifts #LiveSimply



Holy Souls Catholic Primary School @SoulsSchool · Oct 3

What a great disco we had for Cafod to Brighten up Harvest! Thanks to our families for all of the donations. It was very generous of you.

Now the children are going to add up how much their class has raised and look to see what they can buy from CAFOD's World Gifts #LiveSimply

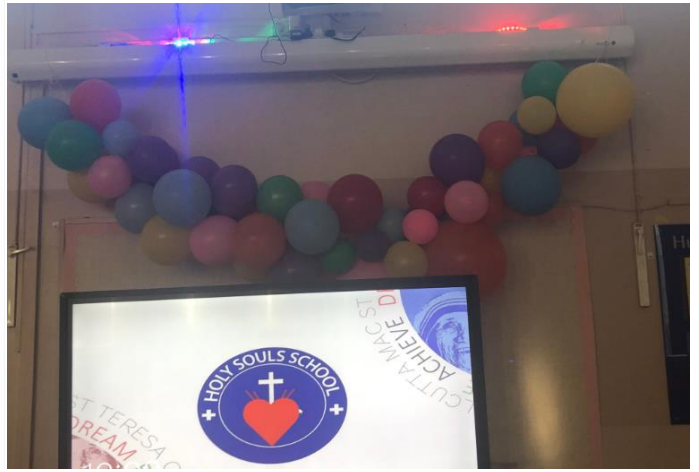


1

2

10

333



Holy Souls Catholic Primary School @SoulsSchool · 2m

Replying to @SoulsSchool

Reception really enjoyed the balloons and Brighten Up Harvest Disco #Cafod #LiveSimply #FamilyFastDay



Holy Souls Catholic Primary School @SoulsSchool · Oct 4

Year 4 thoroughly enjoyed their colourful disco day; with the added bonus of balloons! #Cafod #LiveSimply #FamilyFastDay



192nd St George's



We are very lucky to have a Scouting Group here at school. Every Tuesday they meet in the school hall and have a great time!

There are spaces currently available for anyone interested in becoming a Cub.

You need to be at least 8 years old and can attend every Tuesday at 6:45pm until 8:00pm.

You will be able to earn your badges in many different activities.

Contact Number is 0121 707 7519 (Mary or John)

SPOTLIGHT ON SAFEGUARDING



10 WAYS TO IMPROVE SLEEP FOR YOUNGER CHILDREN



Consistent bedtime

Aim to put your child to bed at a similar time every night.

Sleep - friendly environment

Create a quiet, cool, dark room with as little distractions as possible.

Limit screen time

Avoid all types of screens for at least 30 minutes before bed. Swap for a calm activity.

Encourage physical activity

Encouraging physical activity can tire them out, aiding in better sleep.

Diet and nutrition

Avoid sugary, rich and heavy foods in the evening as these can disrupt sleep.

Address anxieties

If your child has fears about bedtime, spend time reassuring them.

Be mindful of naps

Avoid naps, especially in the afternoon and evening.

Teach self-soothing

Teach them to fall to sleep and get back to sleep by themselves.

Calm routine

Create a calm routine before bed which includes activities such as reading, colouring or gentle play.

Model good sleep habits

Let your children see you prioritising sleep and maintain a consistent routine.

The Significance of Sleep

For children, sleep plays a crucial role due to the significant changes happening in their bodies and minds. Here are some key reasons highlighting the importance of sleep:

- Physical growth and development: Sleep triggers the release of growth hormones necessary for physical growth.
- Brain development: Quality sleep is essential for brain development, especially in areas related to decision-making, impulse control and emotional regulation.
- Emotional well-being: Sleep aids in emotional regulation, stress reduction and is closely linked to mental health.

Ensuring that children get enough quality sleep is essential for their growth, learning and overall well-being. The National Sleep Foundation recommends that children aged 5-12 get 9-11 hours of sleep a night.

Barriers to good sleep

There are many reasons that children don't get good quality sleep. Some of these are:

- Irregular sleep schedules, especially on weekends, can disrupt a child's sleep routine.
- Use of electronic devices late into the night can be a significant barrier to a good night sleep.
- A noisy or brightly lit room can make it difficult for children to fall asleep and stay asleep.
- Consuming caffeinated or sugary foods and drinks, especially in the evening can impact on a child's ability to fall asleep.
- Children might underestimate the importance of sleep, leading to a reluctance to create good sleep habits.

School lap tops/ chrome books

Please contact the school office if you have a school lap top or chrome book as soon as possible please as the licenses need updating. If this is not done the devices will not work.

Penalty Notice fines for holidays / poor attendance Please note that the rules for attendance have changed from September 2024.

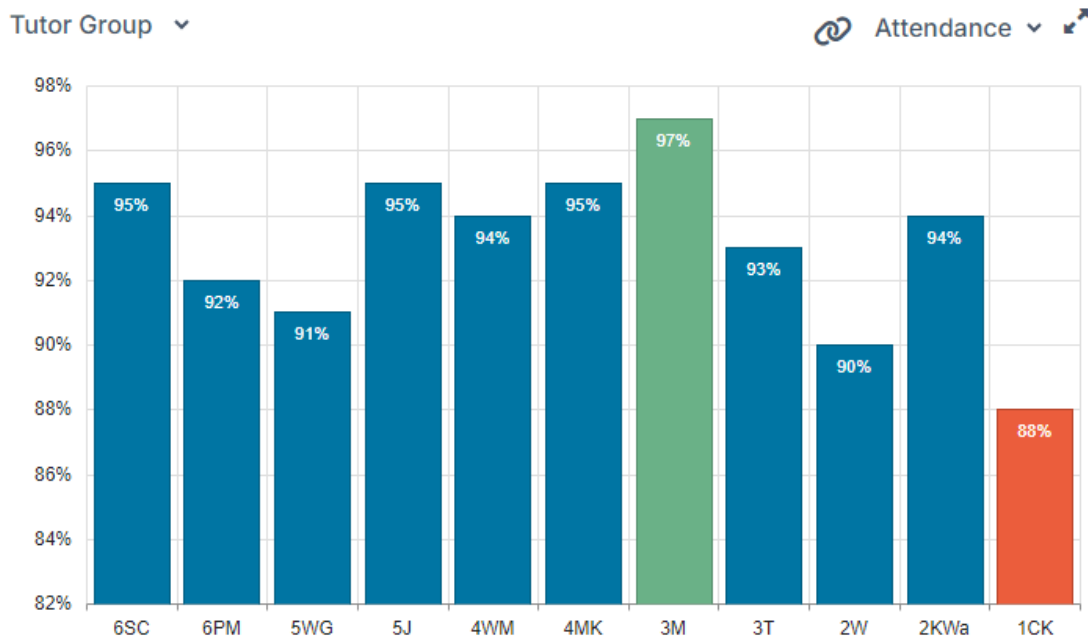
Any days of absences that are unauthorised (this also includes 'late after registration' marks where a child arrives after 9.15am) will now count towards number of absences.

Penalty Notice fines will be issued for term time leave of 5 or more consecutive days, or less days if you have had previous unauthorised absence in the 10 weeks prior to the holiday.

The fine for unauthorised holiday is now £160 for each parent (reduced to £80 if paid within 28 days) for each child that was absent.

For example, if you have 3 children absent for term time leave, this would result in each parent receiving a fine of £480 (reduced to £240 if paid within 28 days). Please bear this in mind when you are booking travel arrangements for the school holidays. Any children who are not back in school on time will be fined if they fit into the categories above.

Medical absences either side of school holidays will require evidence of illness for them to be authorised.



This week's attendance winners are 3M

- Congratulations!

Overall Attendance 93%

Exercise equipment



Can I please remind parents that the exercise equipment is not for use at the end of the day, especially by young children.

Please keep your children with you and don't allow them to use as we do not have adults to supervise and there is a risk of accidents happening. Thank you.