



Gifts from God Celebration Assembly

RTA	Theo & Abram	3W	Caitlin & Caragh
RTR	Jayden & Ariana	4PW	Isobelle & Billy
IG	Maison & Daniel	4C	Archie & Ellie-Mai
IKJ	Iga & Samuel	5F	Max & Enya
2WM	Ryon & Bill	5SM	Maya & Jordan
2K	Anna & Hargun	6F	Oscar & Tigan
3M	Ethan & Ilaria	6M	Ethan & Bianca

Leaders for Learning don't forget to collect your pencil from Mrs Girling!

HAPPY GOLDEN TIME EVERYONE!

Sports Stars of the Week

Reception - Samuel

KS1 - Evelyn

KS2 - Harrison



RTA	Jacob	3W	Igor
RTR	Carrera	4PW	Sania
IG	Keeva	4C	Casper
IKJ	Freya	5F	Oscar
2WM	Jeffrey	5SM	Avayah
2K	Nolan	6F	Allanah
3M	Hollie	6M	Eoin

Thank you for hearing your child read and completing your child's Reading Record every evening.

# Attendance Matters



OVERALL ATTENDANCE - 92%

CLASS	%	CLASS	%
RTA	96%	3W	88%
RTR	93%	4C	93%
IG	86%	4PW	87%
IKJ	95%	5F	91%
2K	94%	5SM	91%
2WM	92%	6F	93%
3M	90%	6M	98%

*This week's winners are 6M enjoy your extra PE time with Coach Dylan*

## IMPROVING YOUR CHILD'S ATTENDANCE

*A reminder that Mr Mills is now our Attendance Officer supported by Mrs Kielstra as Attendance Champion. They will be closely monitoring attendance in school and will be providing support for families where attendance is proving to be a challenge.*

*As we have already shared, absence means many missed opportunities. This also includes:*

*Opportunities to play, build friendships and relationships with school staff.*

*They may miss out on special things like trips or experience sessions which can make them feel like they're missing out, especially as children like to discuss these things during their social play times.*

ATTENDANCE MATTERS EACH DAY REALLY COUNTS

This week in school ...

- < Years 4, 5 and 6 attended Parish Mass in church for All Saints day and the rest of school enjoyed watching mass virtually.
- < We enjoyed our Gospel Assembly with Mrs Girling.
- < We enjoyed Y4 and 5 Friday early morning Basketball Club.
- < Miss Finnegan led Y5/6 after school Netball Club.
- < We enjoyed JDC Dance club.
- < We enjoyed the return of Kick Boxing Club.
- < Our girls enjoyed Friday after school Football Club with Mrs McLoughlin and Miss Myatt.
- < Miss Wood led training for the teachers about Science in readiness for our exciting Science day next week.
- < Mrs Wade attended EYFS training.
- < Some of our Key Stage 2 children began Altar Server training in church. We are delighted to have this opportunity to serve in our church again!
- < Some of our pupils who attend Basketball Club represented school in a Basketball tournament at Nechells Wellbeing centre. We are delighted to tell you that our players won their group. Thank you to Miss Finnegan and Mr Henvey for taking them to this exciting event!



### Extra-Curricular Clubs

We are blessed to have so many staff who give freely of their time. Morning Clubs are greeted by a staff member from Gate A at 8am. After school clubs are dismissed from Gate C. Please do not park outside of school as it is unsafe. Pupils must be handed over to an adult at the gate. Thank you for your cooperation.

Are you interested in becoming a Parent Governor?

If the answer is yes, please contact Miss Reynolds who will be happy to make an appointment for you to see Mrs Girling.



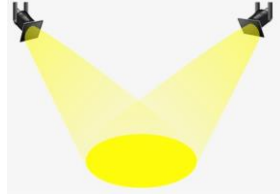
Many congratulations to Miss Byrne who married during half term.

We wish the new Mr and Mrs Curran a lifetime of love and happiness.

Poppies

We have these on sale in school. Please pop into the office if you would like to purchase one.





## SPOTLIGHT ON SAFEGUARDING

*Now that the clocks have gone back and the nights and mornings are darker we often feel more tired so it is important that we encourage good sleep routines for our children.*

We know that getting a good nights sleep is very important. Studies have shown that children who regularly get an adequate amount of sleep have **improved attention, behaviour, learning, memory, and overall mental and physical health**. Not getting enough sleep can lead to high blood pressure, obesity and even depression

Between academic, social, and extracurricular activities, school-age children often have busy schedules that can make it difficult to get a good night's sleep. Wherever possible, try to follow a consistent schedule and a wind-down period before bed. To strengthen the association between the bedroom and sleep, have them do homework or other activities in another room where possible.

**The National Sleep Helpline 03303 530 541**

The National Sleep Helpline helps anyone with sleep issues including adults, parents and young people. The helpline is available from 7pm and 9pm, Sunday to Thursday on 03303 530 541.

Poor sleep can affect anyone and it can be a major stress for parents whose own sleep can be impaired by their children's difficulties getting to sleep, staying asleep or staying in their own bed, leading to greater stress.

Having a sleep issue is surprisingly common. At any given time this affects up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis). These problems are typically persistent and do not resolve themselves without intervention.

