



I AM A DISCIPLE FOR YOU JESUS



Holy Souls Catholic Primary School

Mallard Close, Acocks Green, Birmingham B27 6BN

Head Teacher: Mrs R A Girling

Autumn Term 2021 Friday 19th November 2021 Newsletter 10

Web-site: www.holysoul.bham.sch.uk Email - enquiry@holysoul.bham.sch.uk Twitter - [@SoulsSchool](https://twitter.com/SoulsSchool)

YEAR 2: CARINA & ALEX

STAFF MEMBER: MISS TRODDEN
YEAR 1: NEVAEH & ALEXANDRU

RECEPTION: HUGO

YEAR 3: JACK & HANNA

YEAR 4: SHENNA & LEYLA

YEAR 5: NIKODEM & TIGAN

YEAR 6: ETHAN & RIONA

Dear Parents and Carers,

In school we have enjoyed our **Positive Behaviours week**. The children have explored their role as disciples through the Beatitudes and produced some outstanding work and held some remarkable discussions. In school every child has a **Trusted Adult** who they have chosen to be there for them if they wish to share anything. We use **See it, Hear it, Say it, Stop it** – where all pupils and adults have a responsibility to speak up and speak out. We also use **THINK...** as a reflection following an incident or upset which allows the children time to tell the **T**ruth, and think if their actions were **H**elpful, **I**nspiring, **N**ecessary and **K**ind. This is part of a restorative approach with forgiveness and reconciliation at the heart of the matter. We have talked about the actions we take and the consequences that they have and how we all have a responsibility to respect one another and take care of each other. Year 4 enjoyed a lovely Collective Worship about the Beatitudes shared with Canon Jonathan. Thank you Canon Jonathan for coming in and praying with us.

Ask your child to share their Beatitude with you...see if they can remember!

Have a lovely weekend and keep safe,
Mrs L Kielstra
Deputy Head Teacher

This week in school..

- Mrs Girling and Mrs Stephenson had the privilege to attend a beautiful memorial service for one of our former pupils, Adam, which was held at Alderbrook School.
- Celebrated Holy Mass with Monsignor Daniel. Well done Year 3 and Year 4 who joined with the parish in church.
- Mrs Girling attended a Head Teacher's MAC meeting.
- Miss McTernan attended a Mental Health for Children training.
- Miss Trodden led a Deep Dive into R.E and was joined by Canon Jonathan for the day, who was very impressed with what he saw in school.
- Staff received RHE updates training.
- We enjoyed, computer, dance, football, kick boxing, reading, Lego, Irish Dancing and multi sports clubs.
- Some Year 6 pupils received Play Leader training from Miss N Finnegan.



TO BRING GOOD NEWS, TO SHINE FOR YOU.



Sacred Heart and Holy Souls Church – PLEASE CHECK THE BULLETIN ON THE WEBSITE

MASS IS AVAILABLE IN PERSON OR VIA LIVE STREAM

MASS TIMES – Vigil Mass Saturday 5:00pm Sunday Masses 8:30am, 10:00am and 12:00pm.

Let's Celebrate!

Reception	Sophie & Nevaeh	3M	Nancy & Alexandru
1G	Rosie & Skodri	4PC	Adam & Hollie
1B	Hargun & Bartosz	4W	Emily & Elijah
2WM	Debra & Amelia	5F	Felicity & Harrison
2K	David & Phoebe	5SM	Tia & Cristian
3TW	Alex & Lena	6F	Lilly & Aiden
		6M	Lola-Grace & Ellis

Leaders for Learning don't forget to collect your special pencil from Mrs Girling!

HAPPY GOLDEN TIME EVERYONE!

Sports Stars of the Week



Reception - Amber
KS1 - Alexandru
KS2 - Archie



Reception	Dominic	3M	Vanessa
1G	Lois	4PC	Alfie
1B	Ella	4W	Evie-Mai
2WM	Talulah	5F	Gleesome
2K	Noah	5SM	Gabriela
3TW	Maddie	6F	Tyler
		6M	Sean

Super reading! Remember to collect your book mark from Mrs Kielstra!

ATTENDANCE AND LATES

OVERALL ATTENDANCE - 92% - We are looking for improved attendance next week.

CLASS	%	CLASS	%
RT	80%	3M	92%
RK	91%	4PC	92%
1G	92%	4W	91%
1B	98%	5F	94%
2WM	92%	5SM	96%
2K	92%	6M	88%
3TW	93%	6F	95%

This week's attendance winners are 1B ~ Congratulations!



SPOTLIGHT ON SAFEGUARDING

We know that getting a good night's sleep is very important. Studies have shown that children who regularly get an adequate amount of sleep have **improved attention, behaviour, learning, memory, and overall mental and physical health**. Not getting enough sleep can lead to high blood pressure, obesity and even depression.

Between academic, social, and extracurricular activities, school-age children often have busy schedules that can make it difficult to get a good night's sleep. Wherever possible, try to follow a consistent schedule and a wind-down period before bed. To strengthen the association between the bedroom and sleep, have them do homework or other activities in another room where possible.

The National Sleep Helpline 03303 530 541

The National Sleep Helpline helps anyone with sleep issues including adults, parents and young people. The helpline is available from 7pm and 9pm, Sunday to Thursday on 03303 530 541.

Poor sleep can affect anyone and it can be a major stress for parents whose own sleep can be impaired by their children's difficulties getting to sleep, staying asleep or staying in their own bed, leading to greater stress.

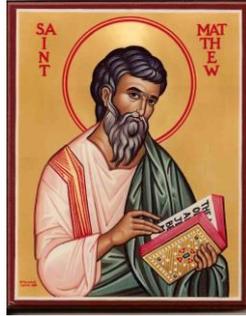
Having a sleep issue is surprisingly common. At any given time this affects up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis). These problems are typically persistent and do not resolve themselves without intervention.

Families often don't know where to seek help and yet issues can often be nipped in the bud with basic and accessible interventions.

Saint Of the Week

During the month of November we are going to be asking our children, staff and Governors, who their favourite Saint is and why they admire them.

This week Year 2– Mrs Wade’s and Miss Kavanagh’s class sent an email to tell us all about their Class Saint. Thank you Year 2- this is very interesting.



Our Class Saint is Saint Matthew.

St Matthew was a tax collector and he wasn't always kind to people because he took their money away. But his life changed when Jesus called him to be one of His disciples. Matthew is special and we remember him because he wrote one of the Gospels.

We want to live like Matthew by spreading The Gospel like Matthew did. We can be a good friend and make the right choices.



Kayleigh from Forest School Birmingham has joined us this term to lead our Forest School sessions.

In Autumn 1, both Year 1 and Year 2 had a 2 hour session every 2 weeks. During this time, helpers from Year 5 and 6 assisted. Currently, Years 3 and 4 are having 2 hour sessions, again with children from Years 5 and 6 assisting.

Forest School is predominately a child led initiative with some focussed tasks using nature as a resource. Children have built dens, made bridges, used mud kitchens, raced conkers down guttering, made fairy gardens and bug hotels. The list is endless.

Over the last few weeks we have had deliveries from a local tree surgeon, Mr McLeish, who has given us some bark to cover the ground and some new logs for seating. Our Forest Area looks great!



ADVENT 2021

Before Advent begins we have a special day in school to get ready for Advent. We change our RE displays and prayer focuses to include purple. The children will take part in lots of fun activities and learn about Advent. On this day all the children will wear purple and donate £1 in cash for the charity Saint Vincent de Paul (SVP). The SVP help the homeless across Birmingham. We are aiming to donate £400 to them after our Advent Days.

KS2 Advent Day

Year 3, 4, 5 and 6 wear purple on Tuesday 23rd November for our KS2 Advent Day! Bring in £1 for the Saint Vincent de Paul (SVP).

Reception and KS1 Advent Day!

Reception, Year 1 and Year 2 wear purple on Wednesday 24th November for our Reception and KS1 Advent Day! Bring in £1 for the Saint Vincent de Paul (SVP)

Next week your child will bring home a Mission Together Advent Calendar for 2021. Rememer to look at it each day and complete the challenge. Put it on your fridge and this will help remind you to check it!

Mission Together Advent Calendar 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st Sunday of Advent What is the promise the prophet Jeremiah speaks of in today's first reading? Jeremiah 23:18-47	Advent wreaths help us prepare for Christmas. Find out why they are round and made of evergreen leaves.*	As a class, learn our Advent Carol. We are 'waiting' and think carefully about what the words mean.	An Advent wreath's candles are a symbol of Christ's light. Think of ways you can be a light for others today.*	Write an Advent prayer or poem. Try to include the words: God, promise, wait, hope, light, world, Jesus.	Today is the feast of St Francis Xavier to share the light of Jesus, where and how did he travel?*	Say the Mission Together Prayer. May all children in the world share love, share friendship and live in the peace of God's love. One God forever. Amen.
2nd Sunday of Advent In today's Gospel reading, John the Baptist told the people to prepare for Jesus. How can we prepare for Jesus? Luke 21:47	Today is the feast of St Nicholas. What did he do to bring hope to the poor?*	Make a Peace Paper Chain and think about how you can be a peace-maker in school this week.*	We can prepare for the coming of Jesus by being peace builders. Say the Mission Together prayer today for children living in war zones.	The prophet Isaiah told us to expect a child called 'Immanuel'. Find out what the name 'Immanuel' means.	As a class sing, 'Go Tell it on the Mountain'. Listen carefully to the words and think about what they mean.	Draw or make a Christmas crib. If you can, use recycled materials.
3rd Sunday of Advent The prophet Zechariah shares God's joy in today's first reading. How can we share God's joy this week? Zechariah 13:47	Find out why the candles in today's Advent wreath are pink and not purple.	Be an Advent light today; look out for someone who is sad and invite them to play.	Find out how Christmas is celebrated in another country.	Create a Gift for the World decoration and think about the gifts God has given you to share.*	As a class sing 'Joy to the World'. Listen carefully to the words and think about what they mean.	Say a prayer for children who will not have enough food to eat today. Ask God to help us share more.
4th Sunday of Advent In today's Gospel, Mary visits Elizabeth. How can you make visitors feel welcome this Christmas? Luke 139-41*	Find a way to help at home today, to prepare for Christmas.	Be an Advent light today; make a special Christmas card for an elderly relative or neighbour.*	Sing your favourite carol. Think about the words. Tell someone what they mean.	Pray for children who have no home. Ask God to keep them safe, and for us to find ways to help them.	Rejoice! Jesus is born! Remember to think God and your family for all the gifts they love brings. 24 & 25	



Bambinellis

During our Advent Day we make Bambinellis. The beautiful Advent Tradition, Bambinelli Sunday, was instituted by Saint Pope John Paul II during his Papacy. The tradition follows that on the Third Sunday of Advent (Gaudete Sunday) children and adults bring their Baby Jesus figures from their homes to St Peter's Square where they are blessed by the Pope.

Then, following the Sunday Angelus address, the Holy Father blesses the statues of Baby Jesus which the children will take back to homes to be placed under their Christmas trees. All children and families are invited to bring the Baby Jesus figure from their homes to be blessed. Families can make their own 'Bambinelli' if they wish.

Pope Francis has continued the tradition, blessing the statuettes which children bring before him in the Square. Parishes around the world now join in the celebration, encouraging young children to make the connection between the Nativity set at home and the local church where they worship each weekend. "It helps children and young people to prepare for Jesus."

A suggestion is, following the blessing, take your 'Bambinelli' home, wrap it and open it as a family on Christmas morning where the youngest member of the family would place it in the crib. A gift of the presence of Christ in your home this Christmas.

Our children will make a bambinelli on Advent Day. The bambinelli will be blessed and brought home for your crib at Christmas.



Year 1 have had a very exciting week taking a trip out in our school minibus. We visited the MAC Theatre to watch our class story be brought to life. We got the chance to meet Percy the park keeper and all the lovely animals that he looks after. Some of our favourite characters were the cheeky ducks, the greedy fox, and the gymnastic mice! The children thoroughly enjoyed the performance, especially when it snowed! We are now all feeling very festive!



Positive Behaviours Week

This week in school we celebrated Positive Behaviours week. We looked at the Beatitudes and the example that Jesus set us. We shared our classes Beatitude with another year group.



Parking

We have taken delivery of some parking signs – please do read and follow them! Thank you to all those who are parking away from Mallard Close to keep our children and the residents of Mallard Close safe.

